

# Praying With Sincerity

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The topic for today is praying with sincerity. This question arises “How do you pray?” The online dictionary states that praying is: to offer devout petition, praise, thanks, etc., to (God or an object of worship). So we as Christians pray unto god.

A devout petition. A person that is devout is usually earnest, sincere, hearty, or very religious and petition means: a request made for something desired, especially a respectful or humble request, as to a superior or to one of those in authority. So a devout petition in prayer means: that the person is making a earnest, sincere, respectful, and humble request to the lord. So when you pray are you earnest, sincere, respectful, and humble in your request. Here’s an example:

When you were a child and or a new beginning Christian did you not come to the lord in sorrow and or pain, restless and or weak, in the belief that you had no doubt that god would help you. Or, did you say to the lord “Dear lord will you help this person this person this person and this person.”

The bible says in Ephesians ch.6:v.18 “Pray in the Spirit on all occasions with all kinds of prayers and requests.” It also says in Mark ch.11:v.24 “Therefore I tell you, whatever you ask for in prayer, believe that you have received it, and it will be yours.” So, the bible is telling us to pray in the spirit and believe that you have received it. If you do theses things in prayer than what you ask for “will be yours.” When you were a child and or a new beginning Christian you were praying correctly but over time are you still praying as you should? If you pray “Dear lord will you help this person this person this person and this person.” you are not praying as you should. If you do not know what to

say the bible says in Romans ch.8:v.26 “In the same way the Spirit helps us in our weakness. We do not know what we ought to pray for, but the Spirit himself intercedes for us with groans that words cannot express.” In other words start praying and then as you pray the words will come to you. All it takes is just the first few steps for god to then take and carry you. Like in the parable of the lost sheep. Picture this:

If you were god looking down upon a group of people praying and all are standing except one, and this one is kneeling on his knees and is crying while the rest are still standing with a normal look upon their faces. Then who is the one in need who is the lost sheep. The one kneeling on his knees with tears in his eyes is the lost, those who stand are not the most needy. The one who kneels humbles himself before the lord because he can not stand because he has no strength. So the lord as the shepherd goes to bring him back to stand with the others. The one who was on his knees was praying in the Spirit, though yet his faith was low his belief was high cause he came to pray to the lord. One can humble themselves before the lord and by kneeling they show respect, and by crying out their cares to the lord through the groans of the Spirit the lord receives your prayer and then comes to bring the lost sheep back to the herd.

For those who know not what to say the lord Jesus teaches us how to pray or for those with nothing to pray he gives us a prayer to pray so that we always are in communion with him. Say this prayer when there is no prayer to pray:

“Our Father which art in heaven,

Hallowed be thy name.

Thy kingdom come,

Thy will be done in earth, as it is in heaven.

Give us this day our daily bread.  
And forgive us our debts,  
as we forgive our debtors.  
And do not lead us into temptation,  
But deliver us from the evil one:  
For thine is the kingdom, and the power,  
and the glory, forever. Amen.”

The online dictionary states that praying is: to offer devout petition which we've talk about. Next it says to give praise, and thanks to God. In Colossians ch.3:v.16-18 the bible states: “Let the message of Christ dwell among you richly as you teach and admonish one another with all wisdom through psalms, hymns, and songs from the Spirit, singing to God with gratitude in your hearts. And whatever you do, whether in word or deed, do it all in the name of the Lord Jesus, giving thanks to God the Father through him.” Now listen closely to what it says: “And whatever you do, whether in word or deed” So, what do we do in word, we pray, and while we are praying we should “do it all in the name of the Lord Jesus, giving thanks to God the Father through him.” And why do we do this, because it says in Exodus ch.15:v.2 “The LORD is my strength and my defense; he has become my salvation. He is my God, and I will praise him, my father's God, and I will exalt him.” When one is in prayer this is like entering into gods inner sanctum and the bible says in Psalms ch.100: v. 4 “Enter his gates with thanksgiving and his courts with praise; give thanks to him and praise his name.” and then it continues in Psalms ch.103:v.2-3 "Praise the Lord, O my soul, and forget not all his benefits who forgives all your sins and heals all your diseases." In Psalms ch.113:v.1-2 it demands this:

“Praise the Lord! Praise, O servants of the Lord, praise the name of the Lord! Blessed be the name of the Lord from this time forth and forevermore!”

So what have we learned about prayer? We know that we must **first** pray with earnest. We must be sincere and respectful, but most of all we should come before the Lord humble in are request. We must be the one who kneels because we our week and weary, and then we must Praise god and thank him for what we have and what “he has given us”. Because without him we our nothing. Psalms ch.28:v.7 “The Lord is my strength and my shield; my heart trust in him, and I am helped. My heart leaps for joy and I will give thanks to him in song.” Psalms ch.32:v.5 I acknowledge my sin to you and did not cover up my iniquity. I said, “I will confess my transgressions to the Lord” and you forgave the guilt of my sin.” So Lord I praise thee for all you have given me and I thank thee. I come here humble before you O Lord so that you might guide me, forgive me, help me, heal me, and protect me Lord, for you are “the kingdom, and the power, and the glory forever. Amen.”